

Polar Bear

Rower/Coxswain	Item	Number Servings Minimum
Brooke	100% fruit juice boxes/bags	20
Lauren V	100% fruit juice boxes/bags	20
Wheels (aka) Stephen	100% fruit juice boxes/bags	20
	apple sauce	18
	apple sauce	18
	baby carrots / fresh veggies	12
	baby carrots / fresh veggies	12
Kyle R	bag of apples	at least 10 apples
Erik A	bag of Naval oranges	at least 10 organge
	bags of nuts (peanuts or almonds)	16
Matt	bags of whole grain cereal (example apple cin cheerios)	12
	bags of whole grain cereal (example apple cin cheerios)	12
Patrick	bananas	12
	bananas	12
	bananas (12)	12
Ashley V	breakfast bars w/fruit	12
Kaitlyn	breakfast bars w/fruit	12
	breakfast bars w/fruit	12
	breakfast bars w/fruit	12
Christian	case of water (.5 l)	24
Nuvia	case of water (.5 l)	24
Jeffery	case of water (.5 l)	24
Olivia	case of water (.5 l)	24
Christina	cheese sticks (mozzarella, cheddar, baby bell)	12
Brock	cheese sticks (mozzarella, cheddar, baby bell)	12
Taylor	cheese sticks (mozzarella, cheddar, baby bell)	12
Nora	cheese sticks (mozzarella, cheddar, baby bell)	12
Nick S	Gatorade 8 pack of 20 oz bottles	8
Robert	Gatorade 8 pack of 20 oz bottles	8
Calib	Gatorade 8 pack of 20 oz bottles	8
Alex	Gatorade 8 pack of 20 oz bottles	8
Lauren	Gatorade 8 pack of 20 oz bottles	8
Tom	Gatorade 8 pack of 20 oz bottles	8
Kate M	Gatorade 8 pack of 20 oz bottles	8

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	Gatorade 8 pack of 20 oz bottles	8
Tessa	granola bars	12
Michael	granola bars	12
Madeline	granola bars	12
Kathleen F	grapes (4 lbs into 20 servings)	20
	grapes (4 lbs into 20 servings)	20
Hunter	mini bagels (whole wheat)	24
Stephanie	mini bagels (whole wheat)	24
	mini bagels (whole wheat)	24
Jacob	packaged crackers / filling (example: peanut butter and cheese)	24
	packaged crackers / filling (example: peanut butter and cheese)	24
	packaged crackers / filling (example: peanut butter and cheese)	24
Brook G	raisin boxes	12
	raisin boxes	12
Wes	snack crackers pretzels (example: wheat thins)	12
Wes	snack crackers pretzels (example: wheat thins)	12
Grace	snack crackers pretzels (example: wheat thins)	12
	snack crackers pretzels (example: wheat thins)	12
	snack crackers pretzels (example: wheat thins)	12
	snack crackers pretzels (example: wheat thins)	12
Scott K	trail mix	15
	trail mix	15
	tube yougurts	12
	tube yougurts	12